

Why Try Class

**Let's face it; the teenage years can be tough.
Come join the fun to help make the teenage years fabulous!**

WhyTry is an accredited program that helps youth overcome life's daily pressures and challenges.

Youth will learn:

- how to channel anger and challenges into positive motivation
- tear off hurtful labels
- how to make good decisions when angry or frustrated
- overcoming hurdles
- how to see the light in their future
- how to follow rules and have self-discipline
- and more.

This class teaches youth through visual analogies, music, application, and many fun activities. Those enrolled receive a WhyTry journal for homework completion and a CD with songs that re-enforce the class materials. Teachers are certified through WhyTry, Inc. A must for any teen!

Age: 13-15 year olds
Time: One hour per week
Duration: 8 weeks
Cost : \$25.00 per child
Call 752-8880 for dates and times

Quotes From Parents

"My son loves the music that comes with his journal."

"My daughter liked all the interactive games that were played. They taught her how to work with others."

"I love the journal that my child was given. It allowed me to know what was going on in class and to re-emphasize the topics taught in class."

All classes are held at the Child and Family Support Center
380 W. 1400 N., Logan, Utah 84341